



**POPULATION  
HEALTH TRUST**  
ADVISORY COMMITTEE

**Board of Health**  
Ron Wesen, Chair  
Kenneth Dahlstedt, Commissioner  
Lisa Janicki, Commissioner

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**PHT Membership Meeting #23**

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**Thursday March 2, 2017 from 8:30am-11:00am**

**Skagit EMS**

**Members:** Andrea Doll, Bill Henkel, Carol Hawk, Charlie Wend, Chris Johnston, Colleen Pacheco, David Jefferson, Debra Lancaster, Howard Leibrand, Jennifer Sass-Walton, John Sternlicht, Kenneth Lawson, Kevin Murphy, Kristen Ekstran, Liz McNett Crowl, Margaret Rojas, Mary Ellen Lykins, Michael Sharp, Mo Pettitt, Phil Brockman, Randy Elde, Scott Hale, Stephanie Morgareidge, & Tina Willett

**Regrets:** Barbara Juarez, Cheryl Rasar, Connie Davis, Diane Smith, Douglas Spingelt, Joanne Lynn, Kari Ranten, Stacy Phelps, Yeshi Tulu

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**Owner**

- **Welcome**
- **Membership Introduction**  
Michael Sharp announced and welcomed new PHT member Kenneth Lawson, representing Education, on behalf of the Skagit Valley College.
- **Thank You's**
  - David shared a big Thank you to the Trust for all contributions to the Skagit Trends Newsletter, as well as the financial pledges from member organizations.
  - Debra expressed a "Thank You" to Kristen and Kevin for attending the United Way Partner Meeting on February 14<sup>th</sup>.

- **Steering Committee Update**

Recommendation

Debra gave an update from the Steering Committee and shared their recommendation that Maternal & Child Health be our next Indicator project. The Steering Committee believes; there is good traction in the community, new collaborations are taking place with a variety of organizations, this is a true upstream investment, and it encompasses a wide array of other PHT indicators that include: nutrition, chronic disease prevention, oral health, and immunizations.

## Comments/Questions

- Due to the limits in the K-12 school system, this would be a great asset to prepare kids for school
- East County has a huge need for this kind of a resource and would have a positive impact in the community
- Being such a large landscape with organizations with established strategic plans, this enables us to ask them where PHT can advocate and match their needs
- This is truly an “upstream area,” we will see the impact years down the road
- Most of our other indicators correlate to Maternal & Child Health, so we can touch on other areas throughout the process
- The gaps analysis process could take more or less time, depending on community involvement and our ability to assess current efforts

A motion is passed to make Maternal and Child Health the next Trust priority item, The motion was seconded, and the group unanimously approved.

- **Trust Endorsement**

Kristen updated the group about the upcoming Firearm Safety Event on May 13<sup>th</sup>. The Steering committee discussed and endorses requesting a \$500 donation from the Trust, which provides an opportunity for increased name recognition.

A motion was passed to provide a \$500 contribution from the Trust for the Firearm Safety Event. The motion was seconded and unanimously approved.

- **Opioid Updates**

Kristen shared that we now have an Opioid link on our website which includes the Call to Action and Assessment report. Other work in this area is as follows:

- ✓ Skagit Regional Health is currently reviewing their opioid prescribing practices which includes, Narcan education & training, appropriate Narcan distribution upon discharge from the ED, and their MAT referrals process.
- ✓ The New Jail will include expanding the current Substance Use Disorder programs to the female population, as well as give Narcan upon release
- ✓ Exploring the distribution of Narcan kits in local schools
- ✓ Community Action is including Narcan-trained staff in their residences

Any organization that would like an Opioid Presentation please contact David or Kristen to set that up.

- **Announcements & Updates**

#### ACH Toolkit

Jennifer Johnson gave an update on the current ACH work and 1115 Waiver implementation. The governance of the ACH has undergone some changes including: establishing a Board of Directors comprised of 10-15 executive level persons, as well as a Program Area Workgroup. The Waiver Toolkit has 4 project area requirements and 2 have been chosen thus far: Opioids & Bi-directional Integration of Care. The choosing of the other 2 are still in progress, and workgroups need to be established for all 4. In regards to Tribal representation, that is to be determined.

Murray shared that MIN-NS has applied for a Care Coordination grant that would be a good fit for the Bi-directional Integration of Care project. A decision about the funding should be announced in June.

#### Maternal & Child Health Initiatives

Jennifer Sass-Walton talked about 3 upcoming initiatives:

- Transforming Clinical Practices Initiative
  - Collaboration between DOH, Molina Healthcare, Wa chapter of the American Academy of Pediatrics
  - It is to help providers implement the Patient-Centered-Medical Home Model, learn from successful practices and prepare for value-based payment.
- Strategic Framework for Newborn Initiative
  - WA State Frontiers of innovation
  - The Newborn Initiative will focus on enhancing local systems of service and supports for families during the prenatal to infancy/toddler period in two selected communities.
- 5-2-1-0 Initiative
  - Nutrition First of WA
  - 5-2-1-0 is a nationally recognized obesity prevention program with the goal of increasing physical activity and healthy eating for children from birth to 18 through policy and environmental change.

#### Grant Awards

Liz shared that Sedro-Woolley and Anacortes are grant recipients for Complete Street Awards. Healthy Communities members, in collaboration with Skagit County Public Health and Cascade Bicycle Club, worked to get these two Skagit cities nominated. The Complete Streets Program is a way of looking at transportation that considers the need of all users. Both Sedro-Woolley and Anacortes have adopted a Complete Streets ordinance and have been implementing policies in a way that demonstrates a strong Complete Streets ethic, which propelled them into the finalist category. Anacortes was awarded \$250,000 and Sedro-Woolley \$125,000 to be used on future Complete Streets project implementation.

## Retreat in May

David asked the group if they'd be interested in participating in Retreat on the normal PHT meeting day May 4<sup>th</sup>, from 8:30am-2:00pm. The goal is to update all PHT members about changes in their respective services areas and to better prepare for the years ahead. The group agreed, Kristen and David will begin planning.

- **Next Steps**

- The next Board of Health Meeting is Tuesday March 7, 2017 from 10:30-11:30, this will feature the signing of the Opioid Resolution
- The next Steering Committee Meeting is scheduled for Monday March 13, from 12:00pm-1:30pm, located at the Skagit County Commissioner's Building-Copper Room
- The next PHT Membership Meeting is scheduled for Thursday April 13<sup>th</sup>, please note the date and location change, we will be meeting at the Skagit County Commissioner's Hearing Room at 1800 Continental Pl., MV

### Summary on what we accomplished today:

- ✓ Approved a \$500 donation to the Firearm Safety event
- ✓ Approved the next Indicator
- ✓ Heard the current state of the Opioid Workgroup
- ✓ Established the need to keep ACH updates current on our agenda
- ✓ Welcomed new Member Kenneth Lawson